

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



July 2026

INDEPENDENT LIVING

	<h1>July 2026</h1> <h2>INDEPENDENT LIVING</h2>		<p>10:30 July 4th Craft (L)</p> <p>1:00 IL July 4th Trivia (L)</p> <p>Canada Day</p>	<p>1 9:30 Silver Sneakers (ER) 2</p> <p>10:00 IL Word Search and Crosswords placed in IL Lounge</p> <p>2:00 Bingo (CC)</p> <p>Trudy Hibbs Birthday</p>	<p>3 11:00–12:00 Blood Pressure Checks & Pendent Checks (L)</p> <p>11:30 IL Pre Independence Day Cookout and Ice Cream Sundae Bar (P)</p> <p>National Air Conditioning Appreciation Days begins</p>	<p>4 Lounge open daily for cards, games, puzzles, checkers, and bumper pool. (L)</p> <p>Independence Day (U.S.)</p>
<p>5 2:30 Church Services w/ Pastor Craig Sapp (CC)</p> <p>Jeff Moss Birthday</p>	<p>6 4:45 Hamrick's Outing Sign up by July 3 at front desk.</p> <p>Henry Behrens Birthday</p>	<p>7 9:30 Silver Sneakers (ER)</p> <p>10:30 Music w/ Wayne (CC)</p> <p>12:30 IL Calendar Meeting (L)</p> <p>2:00 Bingo (CC)</p>	<p>8 10:30 PROFILES IN COURAGE: LET FREEDOM RING Reader: Lynn Weatherman (CC)</p> <p>1:00 PUZZLE PEACE (SR)</p> <p>2:00 Music with Doug (CC)</p> <p>Margery Haas Birthday</p>	<p>9 9:30 Silver Sneakers (ER)</p> <p>10:30 Morning Devotion w/ Pastor Sean (C)</p> <p>2:00 Bingo (CC)</p>	<p>10 10:00 Bible Study w/Craig Sapp (C)</p> <p>1:00 Jewelry Making (L)</p> <p>4:00 Happy Hour (L)</p> <p>National Pina Colada Day</p>	<p>11 Lounge open daily for cards, games, puzzles, checkers, and bumper pool. (L)</p>
<p>12 2:30 Church Services w/ Pastor Craig Sapp (CC)</p>	<p>13 10:30 Music with Mark (CC)</p> <p>12:30 Indoor Game Day(L)</p>	<p>14 9:30 Silver Sneakers (ER)</p> <p>2:00 Bingo (CC)</p> <p>Major League Baseball All-Star Game</p> <p>Bastille Day</p>	<p>15 1:00 PUZZLE PEACE (SR)</p> <p>2:00 Magnificent So-So's Music (CC)</p>	<p>16 9:30 Silver Sneakers (ER)</p> <p>10:30 Morning Devotion w/ Pastor Sean (C)</p> <p>2:00 Bingo (CC)</p> <p>5:00 – Movie and Munchies evening (L)</p> <p>Eddie Wilkins Birthday</p>	<p>17 1:00 Jewelry Making (L)</p> <p>2:30 IL BOOK CLUB (L)</p>	<p>18 Lounge open daily for cards, games, puzzles, checkers, and bumper pool. (L)</p> <p>9:30 Ingle's Outing. Sign up by July 10 at front desk.</p>
<p>19 2:30 Church Services w/ Pastor Craig Sapp (CC)</p>	<p>20 10:30 Joint Health and Arthritis Management Therapy Talk w/Rachel (L)</p>	<p>21 9:30 Silver Sneakers (ER)</p> <p>2:00 Bingo (CC)</p>	<p>22 10:00 PUZZLE PEACE (SR)</p> <p>4:45 IHOP Outing. Sign up by July 10th at front desk.</p>	<p>23 9:30 Silver Sneakers (ER)</p> <p>10:30 Morning Devotion w/ Pastor Sean (C)</p> <p>2:00 Bingo (CC)</p>	<p>24 10:00 Bible Study w/Craig Sapp (C)</p> <p>4:00 Happy Hour (L)</p> <p>International Self-Care Day</p>	<p>25 Lounge open daily for cards, games, puzzles, checkers, and bumper pool. (L)</p>
<p>26 2:30 Church Services w/ Pastor Craig Sapp (CC)</p>	<p>27 10:30 Benny Gandy: Pianist (CC)</p> <p>1:00 Independent Living Bingo(L)</p> <p>David Green Birthday</p>	<p>28 9:30 Silver Sneakers (ER)</p> <p>2:00 Bingo (CC)</p> <p>5:30 Spartanburg Planetarium Capcom Go! The Apollo Story</p>	<p>29 Birthday Celebration at Lunch</p> <p>1:00 PUZZLE PEACE (SR)</p>	<p>30 9:30 Silver Sneakers (ER)</p> <p>10:30 Morning Devotion w/ Pastor Sean (C)</p> <p>2:00 Bingo (CC)</p> <p>International Day of Friendship</p>	<p>31 10:00 Fall Craft (L)</p> <p>3:00 Treneil Stephens from Carolina Foothills Federal Credit Union (L)</p>	

ABBREVIATIONS: CC = Community Center; L = Lounge; AR = Art Room; C= Chapel; RL = Library; ER= Exercise Room, P = Patio, SR = Sun Room 1st floor*All Activities and Times are Subject to Change