

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# November 2023

Active Lifestyle and Independent Living Apts.

|   |  |  |  |
|---|--|--|--|
| <p>1</p> <p>10:30 Gentle Exercise at the Inman Library (on your own) Cost is \$2</p> <p>12:15 Music Sandwich At the Main Library (on your own)</p>                  | <p>2</p> <p>10:30 Morning Devotions with Chaplain Ashley</p> <p>2:00 Bingo</p>                           | <p>3</p> <p>Linda List Birthday</p>  | <p>4</p>   |
| <p>5</p> <p>Sunday Services with your local Church – on your own</p>  | <p>6</p> <p>11:45 Blood Pressures</p>  | <p>7</p> <p>11:00 Olive Garden Outing<br/>RSVP by 11/6 noon</p>  | <p>8</p> <p>12:30pm Equipment Check with Therapy in the Dining room</p> <p>2:00pm Bingo</p>  |
| <p>12</p> <p>Sunday Services with your local Church – on your own</p> <p>Diwali (Hindi)</p>   | <p>13</p>  | <p>14</p> <p>1:30-3:00 Ingles Trip</p>   | <p>15</p> <p>10:30 Gentle Exercise at the Inman Library (on your own) Cost is \$2</p> <p>2PM Music with Mark</p> <p>12:15 Music Sandwich At the Main Library (on your own)</p> |
| <p>19</p> <p>Sunday Services with your local Church – on your own</p>   | <p>20</p> <p>10:30 Will Parker 2<sup>nd</sup> Chance Music</p> <p>Noon: Town Hall and Food Committee</p> | <p>21</p> <p>3pm-5-pm RoseCrest Campus Family and Staff Thanksgiving drop in</p>   | <p>22</p> <p>2pm Bingo</p>   |
| <p>26</p> <p>Sunday Services with your local Church – on your own</p>   | <p>27</p> <p>2pm Music with Elvis</p>  | <p>28</p> <p>12:15 Calendar planning group</p>   | <p>29</p> <p>10:30 Gentle Exercise at the Inman Library (on your own) Cost is \$2</p> <p>12:15 Music Sandwich At the Main Library (on your own)</p>                            |
| <p>9</p> <p>10:30 Morning Devotions with Chaplain Ashley</p> <p>2:00 Bingo</p>  |  | <p>10</p> <p>Cupcake Day</p>   | <p>11</p> <p>Veterans Day<br/>Remembrance Day (Canada)</p>   |
| <p>16</p> <p>10:30 Morning Devotions with Chaplain Ashley</p> <p>2:00 Bingo</p> <p>Nancy Alberta Birthday</p>   |  | <p>17</p> <p>Sundae Day</p> <p>2:30 Book Club</p>  | <p>18</p>  |
| <p>23</p> <p>Thanksgiving with Family and Friends</p> <p>PLEASE RSVP by 11/21 if you will be eating in the Dining Room on this day</p> <p>Thanksgiving Day (US)</p> |  | <p>24</p>  | <p>25</p>  |
| <p>30</p> <p>10:30 Morning Devotions with Chaplain Ashley</p> <p>2:00 Bingo</p>   |  | <p>BeWell Homes Services is available for private services and transportation that may require one on one resident assistance.</p> |  |