



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

1 10:30 – 11:00 Low Impact Exercise (A) May Day	2 10:30 – 11:00 Low Impact Exercise (A)	3 10:00 – 1:00 Lake Bowen Baptist Church Luncheon 10:30-11:00 Functional Exercises (DR)	4 10:30 – 11:00 Low Impact Exercise (A) 10:30 Fire Box Johnson Musical Performer (A) Mrs. D. White's B'day	5 10:00 Morning Devotional w/ Chaplin Ashley Twitchell (C) 10:30-11:00 Energizing Advance Senior Exercises(DR) Cinco de Mayo	6 2:00 Tom Fisch Musical Performer 3:00 Pre- Mother's Day Kentucky Derby Hat Themed (DR)	7
8 10:30 – 11:00 Low Impact Exercise (A) Mother's Day	9 National Nursing Home Week - 4/9 - 4/13, 2022					14
15 10:30 Second Chance Ministry featuring Will Parker – Musical Performance (A)	16 10:30-11:00 Simply Stretching Exercises (DR) Wear Pink Day of Tee Shirt Tie Dye	17 10:30-11:00 Functional Exercises (DR) 10:30 Wayne Casasanta Musical Pianist- Vocalist (A) 1:00 Food Committee Meeting (DR) Wear Blue Cake Walk & Doughnuts	18 2:30 Ingles Market Shopping Trip Inman, SC - Wear Yellow "Nacho" Average Nursing Home	19 10:00 Morning Devotional w/ Chaplin Ashley Twitchell (C) 10:30-11:00 Move & Groove Moderate Exercises(DR) Wear Rainbow Thirsty Thursday	20 10:30-11:00 Low Impact Exercise (A) 2:00 - 3:00 Cookout (OD) Wear Tie Dye	21 Mrs. B. Smart's B'day
22 10:30 – 11:00 Low Impact Exercise (A) Victoria Day (Canada)	23 10:30-11:00 Simply Stretching Exercises (DR) 2:30 Hamrick's Shopping Trip - Spartanburg, SC	24 10:30 – 11:00 Low Impact Exercise (A)	25 10:30 – 11:00 Low Impact Exercise (A)	26 10:30-11:30 Al Mahan Musical Performance (A)	27 10:30-11:30 Music with Dana (A)	28 Armed Forces Day
29 10:30 – 11:00 Low Impact Exercise (A) Memorial Day	30 10:30-11:00 Functional Exercises (DR)	31	<h1>May 2022</h1> <h2>INDEPENDENT LIVING</h2>			

Atrium (A) Independent Dining Room (DR) Chapel(C) Independent Apartment Craftroom(ICR)
 ***** All Activities & times are subject to change with limited persons required *****