

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

October 2024

ACTIVE LIFESTYLE and INDEPENDENT LIVING

		<p>1</p> <p>10:30 Exercise with April in the Exercise Room</p> <p>2:00 Bingo in the Commons</p> <p>NATIONAL COOKIE DAY! Cookie selection at Lunch</p>	<p>2</p> <p>Octoberfest Themed Lunch</p> <p>2:00 Music with Mr. Washington in the Commons</p> <p><small>Rosh Hashanah Begins</small></p>	<p>3</p> <p>10:30 Morning Devotions with Chaplain Ashley in the Chapel</p> <p>2:00 Bingo in the Commons</p>	<p>4</p> <p>2:00 Musical Sounds of Tom Finch in the Commons</p>	<p>5</p> <p>The Lounge is open every day for Cards, Checkers, Bumper Pool and Puzzles</p> <p>2:00 Resident Lead: Card Group in the Lounge</p> <p>BRIDGE GROUP</p>
<p>6</p> <p>Sunday Services in town with your Church Family</p> <p>2:00 Resident Lead: Exercise in the exercise machine room</p>	<p>7</p> <p>10:30 Resident Lead: Coffee Talks in the Library. Grab some coffee from the Main Lobby and gather for Fellowship in the Library</p> <p>National Noodle Day: Noodle Special at Lunch</p>	<p>8</p> <p>2:00 Bingo in the Commons</p> <p>HAPPY BIRTHDAY TO LORETTA CASSELL!</p>	<p>9</p>	<p>10</p> <p>10:30 Morning Devotions with Chaplain Ashley in the Chapel</p> <p>2:00 Bingo in the Commons</p> <p>9a-11a Off Campus Fitness Center members</p>	<p>11</p> <p>NATIONAL PULLED PORK DAY! Celebrating with pulled pork at Lunch</p> <p>2:00 Musical performance from Dana Bergman in the Commons</p> <p><small>Yom Kippur Begins</small></p>	<p>12</p> <p>The Lounge is open every day for Cards, Checkers, Bumper Pool and Puzzles</p> <p>2:00 Resident Lead: Card Group in the Lounge</p> <p>BRIDGE GROUP</p>
<p>13</p> <p>Sunday Services in town with your Church Family</p> <p>2:00 Resident Lead: Exercise in the exercise machine room</p>	<p>14</p> <p>10:30 Resident Lead: Coffee Talks in the Library. Grab some coffee from the Main Lobby and gather for Fellowship in the Library</p> <p>10:30 Pumpkin Carving with all residents in the Commons</p> <p><small>Thanksgiving Day (Canada) Indigenous Peoples' Day Columbus Day (US)</small></p>	<p>15</p> <p>10:30 Exercise with April in the Exercise Room</p> <p>10:30 Music with Wayne Cassanta in the Commons</p> <p>2:00 Bingo in the Commons</p>	<p>16</p> <p>STEAK and Baked Potato With Pina Coladas at Lunch</p> <p><small>Sukkot Begins</small></p>	<p>17</p> <p>10:30 Morning Devotions with Chaplain Ashley in the Chapel</p> <p>2:00 Bingo in the Commons</p>	<p>18</p> <p>NATIONAL CAKE DAY! Cake Special served at Lunch!</p> <p>2:30 Book Club in the Conference Room</p>	<p>19</p> <p>The Lounge is open every day for Cards, Checkers, Bumper Pool and Puzzles</p> <p>2:00 Resident Lead: Card Group in the Lounge</p> <p>BRIDGE GROUP</p>
<p>20</p> <p>Sunday Services in town with your Church Family</p> <p>2:00 Resident Lead: Exercise in the exercise machine room</p>	<p>21</p> <p>10:30 THERAPY TALK: POSTURE CLINIC in the Exercise Room</p> <p>10:30 Resident Lead: Coffee Talks in the Library. Grab some coffee from the Main Lobby and gather for Fellowship in the Library</p>	<p>22</p> <p>2:00 Bingo in the Commons</p> <p>4:00 Bowen's Landing Dinner Outing Sign up by 9/18 if you wish to go</p>	<p>23</p> <p>NATIONAL BOSTON CRÈME PIE DAY Celebrate with Pie at Lunch!</p> <p>12:30 Calendar planning group in the Cafe</p>	<p>24</p> <p>10:30 Morning Devotions with Chaplain Ashley in the Chapel</p> <p>2:00 Bingo in the Commons</p> <p>9a-11a Off Campus Fitness Center members</p> <p><small>Simchat Torah Begins</small></p>	<p>25</p> <p>10:30 Muffins and Mimosa in the Lounge</p> <p>NATIONAL ITALIAN PASTA DAY! Celebrating with a Pasta bar at Lunch!</p>	<p>26</p> <p>The Lounge is open every day for Cards, Checkers, Bumper Pool and Puzzles</p> <p>2:00 Resident Lead: Card Group in the Lounge</p> <p>BRIDGE GROUP</p>
<p>27</p> <p>Sunday Services in town with your Church Family</p> <p>2:00 Resident Lead: Exercise in the exercise machine room</p>	<p>28</p> <p>10 AM Benny Gandy Music in the Commons</p> <p>10:30 Resident Lead: Coffee Talks in the Library. Grab some coffee from the Main Lobby and gather for Fellowship in the Library</p> <p>Blood Pressures at Lunch</p>	<p>29</p> <p>10:30 Morning Devotions with Chaplain Ashley in the Chapel</p> <p>2:00 Bingo in the Commons</p>	<p>30</p> <p>2:00 Jack O' Lantern floats and a movie with all residents in the Commons</p>	<p>31</p> <p>10:30 Morning Devotions with Chaplain Ashley in the Chapel</p> <p>2:00 Halloween Bingo in the Commons</p> <p>9a-11a Off Campus Fitness Center members</p> <p><small>Halloween</small></p>		