

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
		1 7:00 Morning Refresh (S) 10:30 Silver Sneaker Exercise w/ April (ER) 2:00 Bingo (CC) 7:00 Watch 7News (S)	2 7:00 Morning Refresh (S) 10:30 Fall Trivia (CC) 2:00 Music w/ Mr. Washington (CC) 7:00 Watch 7News (S) <small>Rosh Hashanah Begins</small>	3 7:00 Morning Refresh (S) 10:30 Morning Devotion w/ Chaplain Ashley (C) 2:00 Bingo (CC) 7:00 Watch 7News (S)	4 7:00 Morning Refresh (S) 10:30 Morning Move and Groove (CC) 2:00 Tom Fisch Musical Performer (CC) 7:00 Watch 7News (S)	5 7:00 Morning Refresh (S) 10:30 Activity Cart (LE) 4:00 IN2L Games (S) 7:00 Watch 7News (S)	
	6 7:00 Morning Refresh (S) 10:30 Church on Big Screen (CC) 4:00 October Activity Basket (S) 7:00 Watch 7News (S)	7 7:00 Morning Refresh (S) 10:30 Morning Exercise (CC) 2:00 Resident Rights Trivia (CC) 7:00 Watch 7News (S)	8 7:00 Morning Refresh (S) 10:30 Leaf Painting (AR) 2:00 Bingo (CC) 3:00 Coffee Chats (LE) 7:00 Watch 7News (S)	9 7:00 Morning Refresh (S) 10:30 Fall Scenic Ride (LE) 3:30 Hydration Cart (LE) 7:00 Watch 7News (S)	10 7:00 Morning Refresh (S) 10:30 Morning Devotion w/ Chaplain Ashley (C) 2:00 Bingo (CC) 7:00 Watch 7News (S)	11 7:00 Morning Refresh (S) 10:30 Morning Stretches (CC) 2:00 Music w/ Dana Bergman (CC) 7:00 Watch 7News (S) <small>Yom Kippur Begins</small>	12 7:00 Morning Refresh (S) 1:1 Activity Basket @ Nurses Station 4:00 Adult Coloring (S) 7:00 Watch 7News (S)
	13 7:00 Morning Refresh (S) 1:1 Activity Basket @ Nurses Station 4:00 October Craft Basket (S) 7:00 Watch 7News (S)	14 7:00 Morning Refresh (S) 10:30 Sweep The Leaves Game (CC) 2:00 Pumpkin Carving (CC) 7:00 Watch 7News (S) <small>Thanksgiving Day (Canada) Indigenous Peoples' Day Columbus Day (US)</small>	15 7:00 Morning Refresh (S) 10:30 Silver Sneaker Exercise w/ April (ER) 10:30 Music w/ Wayne Casasanta (CC) 2:00 Bingo (CC) 7:00 Watch 7News (S)	16 7:00 Morning Refresh (S) 10:30 Tissue Paper Apple Craft (AR) 2:00 Magnificent So-So's Musical Performance (CC) 7:00 Watch 7News (S) <small>Sukkot Begins</small>	17 7:00 Morning Refresh (S) 10:30 Morning Devotion w/ Chaplain Ashley (C) 2:00 Resident's Rights Bingo (CC) 7:00 Watch 7News (S)	18 7:00 Morning Refresh (S) 11:15 Resident Council (CC) 2:00 1:1 Resident's Rights Puzzles (LE) 4:00 Library Trip (RL) 7:00 Watch 7News (S)	19 7:00 Morning Refresh (S) 10:30 Candy Bingo (CC) 4:00 Reading Corner (RL) 7:00 Watch 7News (S)
	20 7:00 Morning Refresh (S) 10:30 Church on Big Screen (CC) 7:00 Watch 7News (S)	21 7:00 Morning Refresh (S) 10:30 Low Impact Exercise (CC) 2:00 Resident Rights Discussion (CC) 7:00 Watch 7News (S)	22 7:00 Morning Refresh (S) 10:30 Adult Fall Coloring (CC) 2:00 Bingo (CC) 3:00 Hydration (LE) 7:00 Watch 7News (S)	23 7:00 Morning Refresh (S) 10:30 October Puzzles (LE) 2:00 Vampire Cookie Craft (CC) 7:00 Watch 7News (S)	24 7:00 Morning Refresh (S) 10:30 Morning Devotion w/ Chaplain Ashley (C) 2:00 Bingo (CC) 7:00 Watch 7News (S) <small>Simchat Torah Begins</small>	25 7:00 Morning Refresh (S) 10:30 High Impact Exercise (CC) 2:00 Let's Eat Pumpkin Pie (CC) 4:00 Library Trip (RL) 7:00 Watch 7News (S)	26 7:00 Morning Refresh (S) 1:1 Activity Basket @ Nurses Station 4:00 October Word Search (S) 7:00 Watch 7News (S)
27 7:00 Morning Refresh (S) 1:1 Activity Basket @ Nurses Station 4:00 Adult Coloring (S) 7:00 Watch 7News (S)	28 7:00 Morning Refresh (S) 10:00 Benny Gandy Musical Performer (CC) 2:00 Fall Craft (CC) 7:00 Watch 7News (S)	29 7:00 Morning Refresh (S) 10:30 Morning Devotion w/ Chaplain Ashley (C) 2:00 Bingo (CC) 7:00 Watch 7News (S)	30 7:00 Morning Refresh (S) 10:30 Oct. B-Day Celebration (CC) 2:00 Jack-O-Lantern Floats & Movie (CC) 7:00 Watch 7News (S)	31 7:00 Morning Refresh (S) 10:30 Halloween Bingo (CC) 2:00 Fall Social (CC) 7:00 Watch 7News (S) <small>Halloween</small>	 <p style="text-align: center;">Daily Activities</p> <p style="text-align: center;"> 8:00am- Breakfast & dining room music 9:30 Radio & Relaxation 12:00am- Lunch & dining room music 1:00pm- Hymns & Daily Devotions 5:00pm- Dinner & dining room music 6:30pm- Evening Refresh 8:00pm- Evening Snack & Socialize </p> <p style="text-align: center;">"Wear Pink for Breast Cancer Awareness"</p>		

(CC)Community Center, (AR) Art Room, (LE) Life Enrichment, (S) Staff, (ER) Exercise Room, (C), Chapel, (RL) Rosecrest Library (IN2L) It's Never Too Late program **All Activities and Times are Subject to Change.