

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

January 2025

Woodland Ridge

			<p>7:00 Morning Refresh (S) 1</p> <p>10:30 2025 Vision Boards (CC)</p> <p>2:00 New Year's Puzzles (CC)</p> <p>7:00 Watch 7News (S)</p> <p style="text-align: center;">New Year's Day</p>	<p>7:00 Morning Refresh (S) 2</p> <p>10:30 Let's Make Snow Flakes (AR)</p> <p>2:00 Bingo (CC)</p> <p>7:00 Watch 7News (S)</p>	<p>7:00 Morning Refresh (S) 3</p> <p>10:30 Friday Morning Chair Yoga (CC)</p> <p>2:00 Afternoon Hydration Cart (LE)</p> <p>7:00 Watch 7News (S)</p>	<p>Beautician Services 4</p> <p>7:00 Morning Refresh (S)</p> <p>10:30 Prize Bingo (CC)</p> <p>4:00 Nutrition Refreshments (S)</p> <p>7:00 Watch 7News (S)</p>
<p>5</p> <p>7:00 Morning Refresh (S)</p> <p>10:30 Spiritual Craft (CC)</p> <p>4:00 January 1:1 Activity Basket (S)</p> <p>7:00 Watch 7News (S)</p>	<p>7:00 Morning Refresh (S) 6</p> <p>10:30 Noodle Ball Exercise (CC)</p> <p>2:00 IN2L January Trivia (CC)</p> <p>7:00 Watch 7News (S)</p>	<p>7:00 Morning Refresh (S) 7</p> <p>10:30 Music with Jimmy Byrne (CC)</p> <p>2:00 Bingo (CC)</p> <p>7:00 Watch 7News (S)</p>	<p>7:00 Morning Refresh (S) 8</p> <p>10:30 Get Fit Wednesday (CC)</p> <p>2:00 Bingo (CC)</p> <p>7:00 Watch 7News (S)</p>	<p>7:00 Morning Refresh (S) 9</p> <p>10:30 Morning Devotion w/ Chaplain Ashley (C)</p> <p>2:00 Bingo (CC)</p> <p>4:00 Library Visits (S)</p> <p>7:00 Watch 7News (S)</p>	<p>7:00 Morning Refresh (S) 10</p> <p>10:30 Chair Exercise (CC)</p> <p>2:00 Hot Tea Social (CC)</p> <p>3:30 Puzzles and Snack (WR)</p> <p>7:00 Watch 7News (S)</p>	<p>Beautician Services 11</p> <p>7:00 Morning Refresh (S)</p> <p>1:1 January Activity Basket @ Nurses Station</p> <p>4:00 Nutrition Refreshments (S)</p> <p>7:00 Watch 7News (S)</p>
<p>12</p> <p>7:00 Morning Refresh (S)</p> <p>10:30 Church on Big Screen (CC)</p> <p>4:00 January 1:1 Activity Basket (S)</p> <p>7:00 Watch 7News (S)</p>	<p>7:00 Morning Refresh (S) 13</p> <p>10:30 Music with Mark (CC)</p> <p>2:00 Snowflake Jewelry (AR)</p> <p>7:00 Watch 7News (S)</p>	<p>7:00 Morning Refresh (S) 14</p> <p>9:30 Morning Walk (WR)</p> <p>10:30 Spa Day (CC)</p> <p>2:00 Bingo (CC)</p> <p>7:00 Watch 7News (S)</p>	<p>7:00 Morning Refresh (S) 15</p> <p>10:30 National Popcorn Day Activity (CC)</p> <p>2:00 Magnificent So-So's music performance (CC)</p> <p>7:00 Watch 7News (S)</p>	<p>7:00 Morning Refresh (S) 16</p> <p>10:30 Morning Devotion w/ Chaplain Ashley (C)</p> <p>2:00 Bingo (CC)</p> <p>4:00 Library Visits (S)</p> <p>7:00 Watch 7News (S)</p>	<p>7:00 Morning Refresh (S) 17</p> <p>10:30 Resident Council (CC)</p> <p>2:00 1:1 visits with Staff (LE)</p> <p>7:00 Watch 7News (S)</p>	<p>Beautician Services 18</p> <p>7:00 Morning Refresh (S)</p> <p>10:30 Candy Bingo (CC) National Coffee Day</p> <p>4:00 Adult Coloring and Painting(S)</p> <p>7:00 Watch 7News (S)</p>
<p>7:00 Morning Refresh (S) 19</p> <p>10:30 Morning Hymns (CC)</p> <p>4:00 January 1:1 Activity Basket (S)</p> <p>7:00 Watch 7News (S)</p> <p style="text-align: center;">Activity Professionals Week</p>	<p>7:00 Morning Refresh (S) 20</p> <p>10:30 Move and Groove Exercise (CC)</p> <p>2:00 Monday Movie and Snack (CC)</p> <p>7:00 Watch 7News (S)</p> <p style="text-align: center;">Martin Luther King Jr. Day</p>	<p>7:00 Morning Refresh (S) 21</p> <p>10:30 Music w/ Wayne Casasanta (cc)</p> <p>2:00 Bingo (CC)</p> <p>7:00 Watch 7News (S)</p>	<p>7:00 Morning Refresh (S) 22</p> <p>10:30 Winter Painting (AR)</p> <p>2:00 Let's Play a Games (CC)</p> <p>7:00 Watch 7News (S)</p>	<p>7:00 Morning Refresh (S) 23</p> <p>10:30 Morning Devotion w/ Chaplain Ashley (C)</p> <p>2:00 Bingo (CC)</p> <p>4:00 Library Visits (S)</p> <p>7:00 Watch 7News (S)</p>	<p>7:00 Morning Refresh (S) 24</p> <p>10:30 Musical Exercise (CC)</p> <p>2:00 National Peanut Butter Day Activity (CC)</p> <p>7:00 Watch 7News (S)</p>	<p>Beautician Services 25</p> <p>7:00 Morning Refresh (S)</p> <p>1:1 January Activity Basket @ Nurses Station</p> <p>4:00 Nutrition Refreshments (S)</p> <p>7:00 Watch 7News (S)</p>
<p>26</p> <p>7:00 Morning Refresh (S)</p> <p>10:30 Church on Big Screen (CC)</p> <p>4:00 January 1:1 Activity Basket (S)</p> <p>7:00 Watch 7News (S)</p> <p style="text-align: center;">Australia Day (Observed)</p>	<p>7:00 Morning Refresh (S) 27</p> <p>10:30 Benny Gandy Musical Performer (CC)</p> <p>2:00 January Puzzles (CC)</p> <p>7:00 Watch 7News (S)</p>	<p>7:00 Morning Refresh (S) 28</p> <p>10:30 Beanbag Hand Coordination (CC)</p> <p>2:00 Bingo (CC)</p> <p>3:30 IN2L Music (WR)</p> <p>7:00 Watch 7News (S)</p>	<p>7:00 Morning Refresh (S) 29</p> <p>10:30 Pillow Craft (AR)</p> <p>2:00 Corn Hole (CC)</p> <p>7:00 Watch 7News (S)</p> <p style="text-align: center;">Chinese New Year (Year of the Snake)</p>	<p>7:00 Morning Refresh (S) 30</p> <p>10:30 Morning Devotion w/ Chaplain Ashley (C)</p> <p>2:00 Bingo (CC)</p> <p>4:00 Library Visits (S)</p> <p>7:00 Watch 7News (S)</p>	<p>7:00 Morning Refresh (S) 31</p> <p>10:30 Get Fit Friday Exercise (CC)</p> <p>2:00 January B-Day Celebration (CC)</p> <p>7:00 Watch 7News (S)</p>	<p>Daily Activities</p> <p>8:00am- Breakfast & dining room music</p> <p>9:30 Radio & Relaxation</p> <p>12:00am- Lunch & dining room music</p> <p>1:00pm- Daily Devotions in front lobby</p> <p>5:00pm- Dinner & dining room music</p> <p>6:30pm- Evening Refresh</p> <p>8:00pm- Evening Snack & Socialize</p>

(CC)Community Center, (AR) Art Room, (LE) Life Enrichment, (ER) Exercise Room, (C), Chapel, (RL) Rosecrest Library, (S) Staff, (IN2L) It's Never Too Late program **All Activities and Times are Subject to Change.