

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

September 2023

Active Lifestyle and Independent Living

<h1>September 2023</h1> <h2>Active Lifestyle and Independent Living</h2>							1 WORLD LETTER WRITING DAY	2
3 CHURCH WORSHIP at your own PARISH- on your own ENJOY WALKING THE LIFETRAIL!	4 Labor Day	5 10:30 Muffins and Mimosas	6 READ A BOOK DAY!	7 2:00p Community BINGO in the Atrium	8 11:30 Rusty Hinges Lunch and Learn W/ Therapy (During lunch) 2:00 Bruce B and the Boo Music in the Atrium	9		
10 CHURCH WORSHIP at your own PARISH- on your own ENJOY WALKING THE LIFETRAIL!	11 TOWN HALL MEETING and FOOD COMMITTEE INDEP DINING ROOM 12:15pm and 12:45pm	12 2:00p Community BINGO in the Atrium	13	14 11:15am RIGSBY Lunch outing (call the FRONT DESK by 9/12 if you are going) 2:00p Community BINGO in the Atrium	15 Rosh Hashanah Begins	16 NATIONAL DANCE DAY Oktoberfest Begins		
17 CHURCH WORSHIP at your own PARISH- on your own ENJOY WALKING THE LIFETRAIL!	18 NATIONAL CHEESEBURGER DAY Cheeseburgers for Lunch!	19 10:30 Wayne Casasanta Musical Performer in the Atrium 2:00p Community BINGO in the Atrium	20 1:30pm INGLES SHOPPING (call the front desk by 9/18 if you want to go)	21 2:00p Community BINGO in the Atrium	22 10:30 The Last Patrol Veteran's Ceremony 2:30 Book Club	23 Autumn Begins		
24 CHURCH WORSHIP at your own PARISH- on your own ENJOY WALKING THE LIFETRAIL!	25	26 NATIONAL FAMILY DAY 2:00p Community BINGO in the Atrium 4pm Capri Dinner outing(Call the Front desk by 9/22 if you are going)	27 NATIONAL SCARF DAY WEAR YOUR BEST or FUNNEST SCARF TO LUNCH- WINNER GETS A PRIZE! 2:00 Music W/ Mark in the Atrium	28 NATIONAL BEER DAY BEER SERVED at LUNCH (Non-Alcoholic Available as well)	29 11:30 Blood Pressures at Lunch Sukkot Begins	30		