

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2025

Woodland Ridge

| | | | | | | | |
|---|--|--|---|--|---|---|---|
| | | | | | | | Beautician Services 1 7:00 Morning Refresh (S) 10:30 Groundhog Day Activity (CC) 4:00 Nutrition Refreshments (S) 7:00 Watch 7News (S) |
| 7:00 Morning Refresh (S) 2 10:30 Morning Hymns (CC) 4:00 February 1:1 Activity Basket (S) 7:00 Watch 7News (S) <small>Groundhog Day</small> | 7:00 Morning Refresh (S) 3 10:30 Low Impact Exercise (CC) 2:00 Carrot Cake Day Activity (CC) 3:30 Hydration Station (WR) 7:00 Watch 7News (S) | 7:00 Morning Refresh (S) 4 10:30 Move to the Beat Exercise (CC) 2:00 Bingo (CC) 7:00 Watch 7News (S) | 7:00 Morning Refresh (S) 5 10:30 Music W Mr. Washington (CC) 2:00 Wood Heart Craft (AR) 7:00 Watch 7News (S) | 7:00 Morning Refresh (S) 6 10:30 Morning Devotion w/ Chaplain Ashley (C) 2:00 Bingo (CC) 4:00 Library Visits (S) 7:00 Watch 7News (S) | 7:00 Morning Refresh (S) 7 10:30 High Impact Exercise (CC) 2:00 Valentine Food Craft (CC) 7:00 Watch 7News (S) National Wear Red Day | Beautician Services 8 7:00 Morning Refresh (S) 1:1 February Activity Basket @ Nurses Station 4:00 Nutrition Refreshments (S) 7:00 Watch 7News (S) | |
| Super Bowl Sunday 9 7:00 Morning Refresh (S) 10:30 Church on Big Screen (CC) 6:30 Watch the NFL Super Bowl (S) 7:00 Watch 7News (S) | 7:00 Morning Refresh (S) 10 10:30 Greener Pastures Music Concert (CC) 2:00 IN2L February Trivia (CC) 7:00 Watch 7News (S) | 7:00 Morning Refresh (S) 11 10:30 Music W/ Mark (CC) 2:00 Bingo (CC) 7:00 Watch 7News (S) | 7:00 Morning Refresh (S) 12 10:30 IN2L February Trivia (CC) 2:00 Valentine Craft (CC) 3:30 Oldies Sing-Along (WR) 7:00 Watch 7News (S) <small>Tu B'Shevat Begins</small> | 7:00 Morning Refresh (S) 13 10:30 Morning Devotion w/ Chaplain Ashley (C) 2:00 Bingo (CC) 4:00 Library Visits (S) 7:00 Watch 7News (S) | 7:00 Morning Refresh (S) 14 10:30 Valentine's Social W/ music by Jimmy Byrne (CC) 2:00 Valentine Puzzles (LE) 7:00 Watch 7News (S) <small>Valentine's Day</small> | Beautician Services 15 7:00 Morning Refresh (S) 10:30 Prize Bingo (CC) 4:00 Adult Coloring and Painting(S) 7:00 Watch 7News (S) | |
| 7:00 Morning Refresh (S) 16 10:30 Spiritual Craft (CC) 4:00 February 1:1 Activity Basket (S) 7:00 Watch 7News (S) | 7:00 Morning Refresh (S) 17 10:30 President's Day IN2L Trivia (CC) 2:00 Activity Cart (LE) 7:00 Watch 7News (S) <small>Presidents' Day (U.S.)</small> | 7:00 Morning Refresh (S) 18 10:30 Music w/ Wayne Casasanta (cc) 2:00 Bingo (CC) 7:00 Watch 7News (S) | 7:00 Morning Refresh (S) 19 10:30 National Chocolate Mint Day (CC) 2:00 Magnificent So-So's music performance (CC) 7:00 Watch 7News (S) | 7:00 Morning Refresh (S) 20 10:30 Morning Devotion w/ Chaplain Ashley (C) 2:00 Bingo (CC) 4:00 Library Visits (S) 7:00 Watch 7News (S) | 7:00 Morning Refresh (S) 21 10:30 Resident Council (CC) 2:00 1:1 visits with Staff (LE) 7:00 Watch 7News (S) | 22 7:00 Morning Refresh (S) 1:1 February Activity Basket @ Nurses Station 4:00 Nutrition Refreshments (S) 7:00 Watch 7News (S) | |
| 7:00 Morning Refresh (S) 23 10:30 Church on Big Screen (CC) 4:00 February 1:1 Activity Basket (S) 7:00 Watch 7News (S) | 7:00 Morning Refresh (S) 24 10:30 Benny Gandy Musical Performer (CC) 2:00 Afternoon Hydration (LE) 7:00 Watch 7News (S) | 7:00 Morning Refresh (S) 25 9:30 Brain Teasers (WR) 10:30 Morning Coffee Chats (CC) 2:00 Bingo (CC) 7:00 Watch 7News (S) | 7:00 Morning Refresh (S) 26 10:30 Balloon Toss Exercise (CC) 2:00 Adult Coloring (CC) 7:00 Watch 7News (S) | 7:00 Morning Refresh (S) 27 10:30 Morning Devotion w/ Chaplain Ashley (C) 2:00 Bingo (CC) 4:00 Library Visits (S) 7:00 Watch 7News (S) | 7:00 Morning Refresh (S) 28 10:30 Get Fit Friday (CC) 2:00 February B-Day Celebration (CC) 7:00 Watch 7News (S) <small>Ramadan Begins</small> | Daily Activities 8:00am- Breakfast & dining room music 9:30 Radio & Relaxation 12:00am- Lunch & dining room music 1:00pm- Daily Devotions in front lobby 5:00pm- Dinner & dining room music 6:30pm- Evening Refresh 8:00pm- Evening Snack & Socialize | |

(CC)Community Center, (AR) Art Room, (LE) Life Enrichment, (ER) Exercise Room, (C), Chapel, (RL) Rosecrest Library, (WR) Woodland Ridge, (S) Staff, (IN2L) It's Never Too Late program **All Activities and Times are Subject to Change.